

SUGGESTED OTC PRODUCTS

ACNE WASH

Neutrogena Salicylic Acid 2%
Panoxyl (Benzoyl Peroxide) 5%

BRUISING

Vitamin K cream
DerMend cream

CLEANSER

CeraVe cleanser
Cetaphil cleanser
Neutrogena Gentle Hydrating

DARK CIRCLES / PUFFINESS EYES

CeraVe- Eye Repair Cream

DETERGENT

All-Free-Clear

HAND CARE

Vinyl Gloves with Cotton Liner

ITCHING

CeraVe Itch Relief Moisturizing
Sarna lotion
Sarna lotion for Sensitive Skin

MOISTURE ABSORBANT

Zeasorb AF powder/gel/lotion

MOISTURIZERS

Amlactin Foot Cream
Amlactin Ultra-hydrating Body Cream
Aveeno moisture repair cream (ha,cm,ff)
Aveeno 24hr moisturizing lotion (nc,ha,ff)
CeraVe SA renewing lotion (cm)
CeraVe Moisturizing cream (nc,cm)
Cetaphil DailyAdvance Lotion (nc)
Cetaphil Moisturizing Cream (nc, ff, ha)
Cetaphil Restoraderm Lotion (ha, cm, ff)
nc-noncomedogenic
ha-hypoallergenic
cm-ceramide
ff-fragrance free

For Severely Dry, Cracked Skin:

Aquaphor ointment
CeraVe ointment
Aveeno Skin Relief Healing ointment
Neutrogena Norwegian Formula

For Acne (Non-Comedogenic):

Aveeno Positively Radiant (SPF 30)
Aveeno Protect+Hydrate lotion (SPF 30)
CeraVe AM Facial Moisturizing Lotion (SPF 30)
CeraVe PM Facial Moisturizing Lotion
Cetaphil DermaControl (SPF 30)

Skin-aging:

Neutrogena Ageless Intensives

PSORIASIS

Coal Tar cream (psoriasin), foam

SCAR THERAPY

Mederma Cream
Silicone Gel Sheets

SHAMPOOS

Aveeno Anti-dandruff
Head & Shoulders
Nizoral
Sebulex
Selsun Blue
T-Gel
T-Sal

SKIN PROTECTION / HEALING

Aquaphor ointment
Dr. Smith's Diaper ointment

SOAPS

Dove
Lever 2000 Unscented
Oil of Olay

WARTS, MOLLUSCUM

Duofilm
Occlusal hp
Zymaderm
Terrasil cream