

CARE INSTRUCTIONS FOR SURGICAL SITE

1. DRESSING CHANGE:

Keep the bandage on for 24/48 hours, and then change it twice a day until healed.

If the dressing is stuck to wound, soak for 10-20 minutes hydrogen peroxide.

Clean wound with Q-tips soaked in hydrogen. Gently remove crusts and white-yellow material that can come off easily.

Apply ***AQUAPHOR or POLYSPORIN OINTMENT***, or other topical antibiotic as prescribed.

Cover with sterile bandage to protect wound.

2. ACTIVITY:

May apply ice pack and keep surgical area elevated as much as possible for 3 days to reduce swelling.

Avoid activities which stress the wound.

Avoid taking aspirin or aspirin-containing products for 5 days, unless instructed otherwise.

Avoid tobacco products as much as possible, as they may impede wound healing.

3. WHEN TO CALL:

If any bleeding occurs, use sterile cotton or gauze and press firmly over the site 10-15 minutes. If that does not stop bleeding-Call Our Office.

If there is increased redness, swelling, pain, heat, pus, or fever, you may have developed an infection-Call Our Office.

If irritation occurs from the bandage or the antibiotic ointment, stop using them and Call Our Office.

If you are not sure about any other problems-Call Our Office.